

Harnessing the Power of Zinc Nanoparticles: Sustainable Innovations for the Future

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Abstract: Zinc nanoparticles (Zn NPs) are emerging as promising nanomaterials due to their unique physicochemical properties, biocompatibility, and cost-effectiveness. Compared to other metal nanoparticles like silver or gold, Zn NPs offer low toxicity, high availability, and diverse applications across biomedical, environmental, agricultural, and technological fields. Their synthesis can be achieved through chemical, physical, and biological methods, each varying in scalability, environmental impact, and control over particle characteristics. Green synthesis, using plant extracts or microbes, is gaining popularity for its sustainability. Zn NPs are used in drug delivery, antimicrobial treatments, catalysis, pollution control, crop enhancement, and energy storage. However, concerns remain regarding their environmental toxicity and long-term effects. Continued research into safe, efficient production and functionalization is essential for harnessing their full potential in developing sustainable, high-performance nanotechnologies.

Keywords: Zinc nanoparticles, Zn NPs, synthesis methods, biomedical applications, photocatalysis, green nanotechnology, nanotoxicology, energy storage, agriculture, environmental remediation.

1. Introduction

Nanotechnology, defined as the design, characterization, production, and application of materials at the nanoscale (1–100 nm), has profoundly transformed modern science and technology (Hulla et al., 2015). The sheer diversity of nanomaterials, from carbon nanotubes to quantum dots, has opened novel pathways in industry, healthcare, and environmental management (Fakruddin et al., 2019). Among these nanomaterials, metal-based nanoparticles—particularly gold, silver, copper, and zinc—are celebrated for their enhanced physical, chemical, and biological properties (Chen et al., 2019; Roco, 2020).

1.1. Emergence of Metal Nanoparticles

Metal nanoparticles (MNPs) exhibit quantum confinement effects, elevated surface-to-volume ratios, and the capacity for wide-ranging surface functionalization (Iqbal et al., 2023). These attributes facilitate breakthroughs in:

- **Catalysis:** Improved catalytic reaction rates due to an abundance of active sites (Sun et al., 2018).
- **Electronics:** Miniaturization of components and advanced conductive properties (Kim & Lee, 2020).
- **Healthcare:** Enhanced antimicrobial and therapeutic mechanisms (Chen et al., 2019).

The choice of metal plays a significant role in determining suitability for specific applications. Gold nanoparticles (Au NPs), for instance, are prized for their biocompatibility and optical properties but can be prohibitively expensive for large-scale uses (Xiong et al., 2021). Silver nanoparticles (Ag NPs) have garnered fame for their antimicrobial potency, yet concerns persist regarding toxicity and environmental bioaccumulation (Gurunathan et al., 2018).

1.2. Why Zinc?

Zinc is the fourth most utilized metal globally, known for its role in galvanization, brass alloys, and various industrial applications (Parker et al., 2022). Beyond these conventional uses, **zinc nanoparticles (Zn NPs)** offer:

- **Affordability and Accessibility:** Zinc ore is relatively abundant, reducing production costs (Zhang et al., 2021).
- **Biocompatibility:** Zn is an essential micronutrient for humans, animals, and plants (Chasapis et al., 2020).
- **Multifunctionality:** Zn NPs display antimicrobial, catalytic, optical, and semiconducting properties (Sirelkhatim et al., 2015).
- **Eco-Friendliness:** Zn NPs are often regarded as less toxic compared to many other metal nanoparticles,

though safety depends on size, concentration, and surface modification (Adeleye et al., 2017).

1.3. Scope of This Review

This article aims to provide a deep dive into the world of Zn NPs, covering topics from fundamental properties to large-scale synthesis, characterization, and broad industrial and biomedical applications. Each section is supported by current academic and industrial research, highlighting both potential and pitfalls (Iqbal et al., 2023; Salama et al., 2021).

The structure of the review is as follows:

- **Fundamental Properties:** Key attributes of Zn NPs, including size, morphology, crystal structure, and surface chemistry.
- **Methods of Synthesis:** A comprehensive look at chemical, physical, and biological approaches, plus their advantages and disadvantages.
- **Characterization Techniques:** Essential analytical tools for elucidating structural, morphological, and chemical properties.
- **Applications:** Extensive coverage of Zn NP usage in biomedical, catalytic, sensing, energy, agriculture, and environmental domains.
- **Toxicity and Environmental Impact:** Discussion of in vitro and in vivo studies, mechanisms of toxicity, and ecological implications.
- **Challenges and Future Perspectives:** Exploration of scaling up, industrial adoption, regulatory frameworks, and directions for future research.
- **Conclusion:** Summation of key points and outlook on Zn NP technology.

By offering an integrated perspective, this review underscores the diverse roles Zn NPs can play in next-generation scientific and commercial ventures while emphasizing the need for comprehensive risk assessments and standardized regulations (Hussain et al., 2022; Madubuonu et al., 2020).

2. Fundamental Properties of Zinc Nanoparticles

A firm grasp of the fundamental properties of Zn NPs establishes the groundwork for optimizing their synthesis and tailoring them to specific applications (Lee et al., 2020). Key aspects include size, morphology, crystal structure, and surface chemistry, all of which can differ markedly from bulk zinc.

2.1. Size, Morphology, and Crystal Structure

Zinc in its bulk state typically has a hexagonal close-packed (hcp) crystal lattice (Parker et al., 2022). At the nanoscale, slight modifications, surface defects, and interface phenomena can influence properties such as hardness, optical behavior, and chemical reactivity (Chen et al., 2019).

Size Effects:

- **Quantum confinement:** Although more commonly associated with semiconductors like ZnO, extremely small metallic Zn NPs can exhibit size-dependent electronic properties (Zhang et al., 2021).
- **Surface area:** Decreasing particle size increases the relative surface area, enhancing catalytic and adsorption capacities (Sirelkhatim et al., 2015).

Morphological Diversity:

- **Spherical Nanoparticles:** Favored for drug delivery and diagnostics due to uniform scattering or absorption properties (Salama et al., 2021).
- **Rod-like or Needle-like Structures:** Useful in sensing and catalysis applications (Sun et al., 2018).
- **Flower-like or Hierarchical Structures:** Provide high surface area and unique reactivity profiles (Kumar et al., 2021).

2.2. Chemical and Electronic Properties

Metallic zinc is relatively reactive, and in ambient conditions, Zn NPs may oxidize partially or fully to zinc oxide (ZnO) (Adeleye et al., 2017). Oxidation can significantly modify their electronic structure, changing from a metallic conductor to a semiconductor with a wide band gap (~3.3 eV for ZnO) (Sirelkhatim et al., 2015).

Moreover, doping Zn with other elements (e.g., Al, Mg, or transition metals) can further tune optical and electronic properties (Lee et al., 2020). These modifications can, for instance, enhance conductivity or shift absorption spectra.

2.3. Optical Properties

Bulk zinc does not exhibit strong surface plasmon resonance (SPR) in the visible range, unlike silver or gold (Chen et al., 2019). However, if zinc is partially oxidized, ZnO nanostructures can show intense UV absorption, photoluminescence (PL), and in some doping cases, visible-range emissions (Madubuonu et al., 2020).

2.4. Thermal Stability and Conductivity

Zn NPs often exhibit distinct melting-point depression compared to bulk zinc (Clark et al., 2018). A lower melting point can be advantageous in certain manufacturing processes (e.g., sintering), but it can also raise challenges regarding thermal stability in high-temperature applications (Xiong et al., 2021).

2.5. Surface Chemistry and Functionalization

Because of their reactive surfaces, Zn NPs are frequently coated or functionalized with molecules such as polymers, surfactants, or biomolecules (Hussain et al., 2022). Surface functionalization helps:

- Prevent agglomeration
- Provide targeted delivery in biomedical contexts
- Improve dispersibility in solvents or polymer matrices (Salama et al., 2021)

In summary, the distinct properties of Zn NPs stem from a complex interplay of size, morphology, crystal structure, oxidation state, and surface modifications (Iqbal et al., 2023). Tailoring these parameters allows researchers to design Zn NPs with specific functionality for a given application.

3. Methods of Synthesis

The synthesis of Zn NPs can be broadly categorized into **chemical**, **physical**, and **biological/green** routes (Gurunathan et al., 2018). Each method influences particle size, morphology, yield, and purity, thus impacting subsequent applications (Adeleye et al., 2017). Below is a comprehensive overview of these methods, with **Tables 1** and **2** illustrating key parameters, advantages, and disadvantages.

3.1. Chemical Methods

Chemical routes leverage reduction and precipitation reactions to produce Zn NPs. They often offer good control over particle size, although reaction conditions (e.g., pH, temperature, reagents) require tight optimization (Chen et al., 2019).

3.1.1. Sol-Gel Method

Principle: The sol-gel process involves the hydrolysis and polycondensation of zinc alkoxides or inorganic salts, creating a sol that eventually transitions into a gel (Khan et al., 2021).

- **Advantages:**

- Fine control over particle size and morphology
- Relatively low reaction temperatures
- Scalable for industrial processes

- **Disadvantages:**

- Sensitive to pH and solvent environment
- Longer processing times for gelation and aging
- Potential for contamination if reagents are not pure

3.1.2. Chemical Precipitation

Principle: Typically involves reacting zinc salts (e.g., $\text{Zn}(\text{NO}_3)_2$, ZnCl_2) with a base (NaOH, KOH) to precipitate $\text{Zn}(\text{OH})_2$, which can be further calcined to form Zn or ZnO nanoparticles (Zhang et al., 2021).

- **Advantages:**

- Straightforward, cost-effective, and easily scalable
- Suitable for bulk production

- **Disadvantages:**

- Particle agglomeration if stabilizers are not employed
- Limited morphological control without additives

3.1.3. Microemulsion/Reverse Micelle

Principle: Surfactant-stabilized nanosized droplets act as confined reactors, controlling nucleation and growth of Zn NPs (Hussain et al., 2022).

- **Advantages:**

- Highly uniform particle size distributions
- Versatile route for various morphologies

- **Disadvantages:**

- Surfactant removal can be difficult
- Higher costs and complexity

3.1.4. Hydrothermal and Solvothermal Methods

Principle: High-pressure, high-temperature autoclave reactions using aqueous (hydrothermal) or organic (solvothermal) solvents (Kumar et al., 2021).

- **Advantages:**

- Crystalline nanoparticles with minimal defects
- Potential for unique morphologies (e.g., rods, sheets)

- **Disadvantages:**

- Specialized equipment required (autoclave)
- Risk of reaction hazards under pressure

Table 1. Common Chemical Synthesis Routes for Zn Nanoparticles

Method	Typical Precursors	Reaction Medium	Key Parameters	Advantages	Disadvantages
Sol-Gel	Zinc alkoxides, Zn salts	Aqueous or organic	pH, temperature, aging time	Fine control over size, low temp.	Longer processing times, sensitive to pH
Chemical Precipitation	Zn(N ₂ O ₃) ₂ , ZnCl ₂ , etc.	Aqueous	Base concentration, stirring	Simple, cost-effective, scalable	Agglomeration, limited shape control
Microemulsion	Zn salts + surfactants	Reverse micelles	Surfactant type, W/O ratio	Uniform size distribution, versatile morphologies	Surfactant removal, higher cost
Hydrothermal/Solvothermal	Zn salts	Autoclave	Temperature, pressure	High crystallinity	Specialized equipment

Method	Typical Precursors	Reaction Medium	Key Parameters	Advantages	Disadvantages
Solvothermal	Organic solvents	Autoclave	Pressure, time	Purity, unusual morphologies	Equipment, hazard under pressure

3.2. Physical Methods

Physical methods generally rely on top-down (e.g., milling) or vapor-based approaches (e.g., vapor deposition, laser ablation) (Clark et al., 2018).

3.2.1. Ball Milling (Top-Down Approach)

Principle: Mechanical attrition of bulk zinc to nanoscale powder (Fakrudin et al., 2019).

- **Advantages:**

- Straightforward, relatively cost-effective
- Potential for large-scale production

- **Disadvantages:**

- Broad particle size distribution
- Contamination from milling media

3.2.2. Physical Vapor Deposition (PVD)

Principle: Evaporation or sputtering of zinc under vacuum, followed by condensation into nanoparticles on a substrate or collector (Kim & Lee, 2020).

- **Advantages:**

- High-purity Zn NPs
- Thin film or supported nanoparticle growth

- **Disadvantages:**

- Requires sophisticated vacuum systems
- Lower throughput for bulk production

3.2.3. Laser Ablation

Principle: Pulsed laser beam strikes a zinc target, ejecting plasma that condenses into nanoparticles (Clark et al., 2018).

• **Advantages:**

- Ultra-pure Zn NPs without chemical by-products
- Rapid and straightforward in concept

• **Disadvantages:**

- High energy input, expensive laser systems
- Size control can be challenging

3.3. Biological or Green Synthesis

Green synthesis methods strive for eco-friendly procedures by using plant extracts, microorganisms, or enzymes as reducing and capping agents (Salama et al., 2021; Li & Zhang, 2022).

3.3.1. Plant Extract-Mediated Synthesis

Principle: Phytochemicals (polyphenols, flavonoids) reduce Zn^{2+} to Zn^0 , forming nanoparticles (Gurunathan et al., 2018).

• **Advantages:**

- Environmentally benign, minimal harmful by-products
- Cost-effective, potential for large-scale adaptations

• **Disadvantages:**

- Variability in plant extract composition
- Difficulties in reproducibility and standardization

3.3.2. Microbial Synthesis (Bacteria, Fungi, Algae)

Principle: Microorganisms produce enzymes or metabolites that reduce Zn^{2+} (Adeleye et al., 2017).

• **Advantages:**

- Biocompatible, mild reaction conditions
- Possible novel shapes and sizes

• **Disadvantages:**

- Control of culture conditions is complex

- Risk of contamination or pathogenic microbes

3.3.3. Enzyme-Mediated Synthesis

Principle: Specific enzymes catalyze reduction reactions, forming Zn NPs (Iqbal et al., 2023).

• **Advantages:**

- High specificity, lower environmental impact
- Uniformity in particle size under controlled conditions

• **Disadvantages:**

- Isolation and purification of enzymes can be expensive
- Limited large-scale feasibility

Table 2. Comparison of Physical and Biological Synthesis Methods for Zn Nanoparticles

Method	Principle	Advantages	Disadvantages
Ball Milling (Physical)	Mechanical attrition of bulk zinc	Simple, scalable	Broad size distribution, contamination from milling media
Physical Vapor Deposition	Vacuum evaporation & condensation	High-purity NPs, controllable for thin films	Expensive equipment, lower throughput
Laser Ablation	Laser-induced plasma from Zn target	Ultra-pure products, no chemical waste	High energy cost, size control challenges
Plant Extract Mediated (Bio)	Use of phytochemicals from plant extracts	Eco-friendly, minimal toxic by-products	Variation in extract composition, reproducibility
Microbial Synthesis	Enzymatic reduction via microorganism	Mild conditions, possible biofunctionalization	Culture control complexity,

Method	Principle	Advantages	Disadvantages
(Bio)	s	n	contamination risk
Enzyme-Mediated (Bio)	Direct catalysis by purified enzymes	High specificity, uniform particle sizes	Expensive purification, limited large-scale feasibility

(Adapted from Gurunathan et al., 2018; Salama et al., 2021; Iqbal et al., 2023)

3.4. Comparative Analysis of All Methods

Table 3 below consolidates key points across chemical, physical, and biological methods, offering a high-level comparison to guide method selection for specific end-use requirements.

Table 3. High-Level Comparative Analysis of Zn NP Synthesis Methods

Aspect	Chemical Methods	Physical Methods	Biological Methods
Scalability	Moderate to High (precipitation, sol-gel)	Moderate (milling) to Low (PVD, laser)	Moderate (plant extracts)
Cost	Relatively Low–Moderate	Often High (specialized equipment)	Low–Moderate (depends on raw materials)
Purity	Medium–High (depends on reagent)	High if vacuum-based (PVD)	Medium (complex organic matrices)
Environment	Uses chemicals, potential waste	Energy-intensive, minimal chemical waste	Generally eco-friendly, minimal toxicity
Particle Size	Good control	Variable (milling),	Good but depends on

Aspect	Chemical Methods	Physical Methods	Biological Methods
Control	with stabilizers	Good (PVD)	biotic conditions
Typical Shape	Mostly spherical, some rods	Various (depends on technique)	Spherical or irregular (plant-based)

(Adapted from Chen et al., 2019; Kumar et al., 2021; Li & Zhang, 2022)

Each method has strengths and limitations that cater to different end applications. For instance, large-scale antimicrobial formulations may favor **chemical precipitation** or **plant-based** synthesis due to simplicity and cost efficiency (Salama et al., 2021). Conversely, specialized electronic or optical devices might utilize **PVD** or **hydrothermal** techniques to achieve highly controlled, pure Zn NP films (Kim & Lee, 2020).

4. Characterization Techniques

Characterization is integral to understanding the properties, stability, and functional capabilities of Zn NPs (Hussain et al., 2022). Several analytical tools and methods are employed, each revealing different facets of Zn NP structure, composition, or behavior.

4.1. Structural Characterization

- **X-Ray Diffraction (XRD):** Identifies crystalline phases and calculates average crystallite sizes through the Scherrer equation (Adeleye et al., 2017).
- **Selected Area Electron Diffraction (SAED)** in TEM: Locally examines the crystallinity and orientation of particles (Chen et al., 2019).

These methods are vital for confirming whether zinc remains metallic or has partially/fully oxidized to ZnO (Salama et al., 2021).

4.2. Morphological Characterization

- **Transmission Electron Microscopy (TEM):** Provides high-resolution images of particle size, shape, and agglomeration (Iqbal et al., 2023).

- **Scanning Electron Microscopy (SEM):** Offers detailed topographical images, although at lower resolution than TEM (Gurunathan et al., 2018).
- **Atomic Force Microscopy (AFM):** Visualizes surface topography in three dimensions and can measure mechanical properties at the nanoscale (Kim & Lee, 2020).

4.3. Compositional Analysis

- **Energy-Dispersive X-Ray Spectroscopy (EDS or EDX):** Quantifies elemental composition, confirming the presence of Zn and any impurity elements (Sun et al., 2018).
- **X-Ray Photoelectron Spectroscopy (XPS):** Determines surface elemental states and chemical bonds, especially useful for detecting Zn^{2+} or metallic Zn^0 (Chen et al., 2019).
- **Fourier Transform Infrared Spectroscopy (FTIR):** Identifies surface functional groups (e.g., from coatings, capping agents) (Salama et al., 2021).

4.4. Optical Properties

- **UV-Visible Spectroscopy:** Monitors characteristic absorption peaks of Zn or ZnO NPs. Metallic Zn NPs exhibit distinctive plasmonic behavior (though weaker than Au or Ag), whereas ZnO exhibits UV absorption peaks (Sirelkhatim et al., 2015).
- **Photoluminescence (PL) Spectroscopy:** Investigates emission characteristics of ZnO nanoparticles, which can indicate defect states or doping effects (Lee et al., 2020).

4.5. Thermal Analysis

- **Thermogravimetric Analysis (TGA):** Examines weight loss upon heating, helping to determine thermal stability and the presence of organic surface coatings (Gurunathan et al., 2018).
- **Differential Scanning Calorimetry (DSC):** Detects endothermic or exothermic transitions, including melting points or phase transformations (Chen et al., 2019).

4.6. Surface Area and Porosity

- **Brunauer–Emmett–Teller (BET) Analysis:** Measures specific surface area, pore volume, and pore size distribution (Hussain et al., 2022). A higher

surface area generally correlates with increased catalytic or adsorption capabilities.

In practice, multiple characterization techniques are combined to generate a comprehensive property profile. For example, a researcher may first determine crystallinity via XRD, then use SEM/TEM to measure morphology, EDS to check elemental purity, and BET to confirm surface area. This holistic approach is crucial for correlating structure-property relationships and fine-tuning Zn NP performance in real-world applications (Zhang et al., 2021).

5. Applications of Zinc Nanoparticles

Zinc nanoparticles (Zn NPs) have demonstrated considerable potential across various sectors due to their versatile physicochemical properties. This section offers an in-depth examination of primary fields of application.

5.1. Biomedical and Pharmaceutical Applications

5.1.1. Drug Delivery Systems

Nanoparticles can be engineered to encapsulate therapeutic agents and deliver them to targeted sites in the body (Hussain et al., 2022). While gold and polymeric nanoparticles are more commonly studied, Zn NPs hold promise for specific applications due to their biodegradability and essential biological role (Gurunathan et al., 2018).

- **Mechanisms of Controlled Release:** Zn NPs can be coated with pH-sensitive or enzyme-sensitive ligands, allowing drug release in response to local physiological conditions (Khan et al., 2021).
- **Biocompatibility Considerations:** As zinc is an essential micronutrient, moderate Zn NP concentrations may display lower cytotoxicity compared to some other metallic NPs (Salama et al., 2021).
- **Case Studies:** Research has shown ZnO nanocarriers for cancer therapies can induce reactive oxygen species (ROS) in tumor cells, enhancing drug efficacy (Sirelkhatim et al., 2015).

5.1.2. Antimicrobial Agents

Zn NPs, including ZnO forms, exhibit potent antimicrobial effects against a broad spectrum of bacteria, fungi, and viruses (Chen et al., 2019).

- **Mechanisms:** ROS generation, membrane disruption, and metal ion release can damage microbial cells (Madubuonu et al., 2020).
- **Synergistic Effects:** Zn NPs combined with antibiotics may overcome resistance in certain pathogenic strains (Kadiyala et al., 2018).
- **Applications:** Antimicrobial coatings for medical devices (e.g., catheters, implants) and hospital surfaces to reduce hospital-acquired infections (Clark et al., 2018).

5.1.3. Wound Healing and Tissue Engineering

Zinc plays a key role in **protein synthesis**, **cell division**, and **collagen formation**, making Zn NPs highly relevant for wound dressings and tissue scaffolds (Ameen et al., 2021).

- **Mechanisms:** Enhanced angiogenesis, fibroblast proliferation, and reduced infection risk (Rodrigues et al., 2022).
- **Scaffolds:** Composite materials incorporating Zn NPs (e.g., chitosan–Zn NP blends) show improved mechanical strength and biocompatibility (Lee et al., 2020).

5.2. Catalysis

5.2.1. Industrial Catalytic Processes

Zn NPs serve as catalysts or co-catalysts in hydrogenation, dehydrogenation, and other organic transformations (Sun et al., 2018). The high surface area and reactive sites enhance reaction rates, often surpassing bulk zinc or conventional catalysts (Chen et al., 2019).

- **Examples:**
 - **Methanol Synthesis:** Zn-based catalysts combined with copper for CO₂ hydrogenation (Kim & Lee, 2020).
 - **Photocatalytic Degradation:** ZnO nanostructures degrade pollutants like dyes, pesticides, and pharmaceuticals under UV or visible light (Zhang et al., 2021).

5.2.2. Photocatalysis (ZnO)

ZnO is a wide-band-gap semiconductor (~3.3 eV), making it well-suited for photocatalytic applications (Gurunathan et al., 2018). By absorbing UV light, electrons transition to the conduction band, leaving holes in the valence band, which can

generate ROS to decompose organic pollutants (Lee et al., 2020).

- **Influence of Morphology:** Nanorods, nanoflowers, and nano-sheets with high facet exposure enhance photocatalytic efficiency (Sirelkhatim et al., 2015).
- **Doping and Composites:** Coupling ZnO with other semiconductors (e.g., TiO₂, g-C₃N₄) or doping with metals (e.g., Ag, Fe) broadens the absorption range and reduces electron-hole recombination (Hussain et al., 2022).

5.3. Sensors and Biosensors

5.3.1. Gas Sensors

ZnO-based sensors detect changes in electrical resistance when target gases (e.g., NO₂, H₂S, CO) interact with surface adsorbed oxygen (Adeleye et al., 2017). Nanoscale ZnO enhances sensitivity and lowers operating temperatures (Madubuonu et al., 2020).

- **Selectivity and Sensitivity:** Adjusting dopants or surface functionalization tailors sensor selectivity to specific gases (Li & Zhang, 2022).
- **Applications:** Industrial gas leak detection, air quality monitoring, automotive exhaust systems (Kumar et al., 2021).

5.3.2. Biosensors

Functionalized Zn NPs can serve as transducers for detecting biomolecules (enzymes, proteins, DNA) via electrochemical or optical signals (Clark et al., 2018).

- **Enzyme Immobilization:** ZnO nanostructures stabilize enzyme activity, enabling sensitive detection of glucose, cholesterol, or other analytes (Salama et al., 2021).
- **Label-Free Strategies:** Zn NP-based biosensors can exploit changes in conductivity or photoluminescence upon analyte binding (Gurunathan et al., 2018).

5.4. Energy and Electronics

5.4.1. Batteries and Energy Storage

Zinc is already common in primary batteries (e.g., zinc-carbon, alkaline). The nanoscale approach seeks to boost performance in rechargeable zinc-air or zinc-ion batteries (Rodrigues et al., 2022).

- **Key Benefits:** Higher surface area can increase reaction kinetics and energy density (Sirelkhatim et al., 2015).
- **Challenges:** Zn dendrite formation, electrolyte corrosion, and capacity fading over cycles (Zhang et al., 2021).

5.4.2. Solar Cells

ZnO nanostructures in dye-sensitized solar cells (DSSCs) or perovskite solar cells can enhance light harvesting and electron transport (Khan et al., 2021).

- **Morphological Impact:** Nanorod arrays offer direct electron pathways, reducing recombination (Kim & Lee, 2020).
- **Hybrid Materials:** Combinations with carbon nanotubes (CNTs) or graphene can further improve conductivity (Hussain et al., 2022).

5.4.3. Nanoelectronics and Thin-Film Transistors

ZnO thin films demonstrate semiconducting properties ideal for transparent electronics and flexible devices (Clark et al., 2018).

- **Low-Cost Solutions:** Printing or spin-coating Zn NP inks for flexible circuits (Gurunathan et al., 2018).
- **Future Directions:** Wearable electronics, sensors integrated into clothing, large-area displays (Lee et al., 2020).

5.5. Food and Agriculture

5.5.1. Food Packaging

The antimicrobial properties of Zn NPs lend themselves to active food packaging films that extend shelf life and reduce spoilage (Kadiyala et al., 2018).

- **Polymer Nanocomposites:** Incorporation in films (e.g., polyethylene, polyvinyl alcohol) can reduce microbial growth on packaged foods (Salama et al., 2021).
- **Safety Concerns:** Regulatory evaluations needed for possible Zn migration into food products (Adeleye et al., 2017).

5.5.2. Nanofertilizers and Crop Protection

Zinc deficiency is widespread in soils, affecting crop yields (Chasapis et al., 2020). Nanofertilizers release zinc more

efficiently, lowering leaching losses and enhancing bioavailability (Li & Zhang, 2022).

- **Mechanism:** Slow and controlled zinc release meets plant demands over time (Kumar et al., 2021).
- **Pest Control:** Zn NPs may also deter certain pathogens or pests, contributing to integrated pest management strategies (Parker et al., 2022).

5.6. Environmental Remediation

5.6.1. Removal of Heavy Metals and Pollutants

Zn NPs (especially ZnO) can adsorb or degrade contaminants such as arsenic, lead, and organic dyes (Chen et al., 2019).

- **Adsorption:** High affinity for metal ions, especially when combined with other functional groups (Zhang et al., 2021).
- **Redox Transformations:** Reactive oxygen species facilitate the breakdown of organic pollutants (Kim & Lee, 2020).

5.6.2. Antibacterial Surfaces in Water Treatment

Membrane technologies can incorporate Zn NP coatings to prevent biofilm formation and bacterial growth (Adeleye et al., 2017).

- **Household Systems:** Simple filtration units with embedded Zn NPs for point-of-use water disinfection (Salama et al., 2021).
- **Industrial Effluents:** Larger-scale usage in wastewater treatment plants to reduce pathogen loads (Rodrigues et al., 2022).

Table 4. Overview of Major Zn NP Applications and Key Benefits

Application	Key Zn NP Advantage	Representative References
Drug Delivery	Biocompatibility, controlled release	Hussain et al. (2022), Salama et al. (2021)
Antimicrobial Coatings	Broad-spectrum antimicrobial	Chen et al. (2019), Clark et al. (2018)
Photocatalysis	ROS generation, wide bandgap	Sirelkhatim et al. (2015), Lee et al. (2020)

Application	Key Zn NP Advantage	Representative References
Gas Sensors	High surface area, fast response	Kumar et al. (2021), Li & Zhang (2022)
Batteries (Zn-Air)	Enhanced reaction kinetics	Rodrigues et al. (2022), Zhang et al. (2021)
Food Packaging	Extends shelf life, reduces spoilage	Kadiyala et al. (2018)
Nanofertilizers	Improved bioavailability, lower leaching	Chasapis et al. (2020), Parker et al. (2022)
Water Treatment	Pathogen reduction, pollutant removal	Adeleye et al. (2017), Salama et al. (2021)

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6. Toxicity and Environmental Impact

Despite their potential, Zn NPs can pose risks to human health and ecosystems, especially under conditions favoring high exposure levels (Kadiyala et al., 2018). This section explores current knowledge on in vitro and in vivo toxicity, environmental concerns, and regulatory perspectives.

6.1. In Vitro Toxicity Studies

Laboratory-based cell culture studies demonstrate that Zn NPs can cause cytotoxicity primarily through:

- **Oxidative Stress:** Excessive ROS generation damaging cellular proteins, lipids, and DNA (Chen et al., 2019).
- **Membrane Interaction:** Direct contact disrupts cell membrane integrity (Gurunathan et al., 2018).
- **Ionic Dissolution:** Zn^{2+} ions released from Zn NPs contribute to toxicity (Adeleye et al., 2017).

Factors Influencing In Vitro Toxicity:

- Particle size (smaller often more toxic)
- Shape and surface area

- Coating or functionalization agents (Salama et al., 2021)

6.2. In Vivo Toxicity Studies

Animal models, from rodents to fish, help elucidate Zn NP toxicity in complex biological systems. Results vary based on dose, route of administration, and exposure duration (Hussain et al., 2022).

- **Organ-Specific Effects:** Inhalation may impact lung tissues; oral intake can affect the gastrointestinal tract (Kumar et al., 2021).
- **Bioaccumulation:** Zn is an essential element, and moderate levels can be metabolized or excreted, yet excessive accumulation poses toxicity risks (Khan et al., 2021).
- **Immune Response:** Some studies report immunomodulatory or inflammatory responses in high-dose exposure scenarios (Clark et al., 2018).

6.3. Ecotoxicity

Release of Zn NPs into aquatic systems can adversely affect aquatic organisms, from microorganisms and algae to higher trophic-level fish (Adeleye et al., 2017).

- **Mechanisms:** Ion release, ROS-mediated toxicity, physical adsorption on cell surfaces (Madubuonu et al., 2020).
- **Soil Health:** In soil, Zn NPs can influence microbial communities essential for nutrient cycling (Chasapis et al., 2020).

6.4. Safety Regulations and Guidelines

Regulatory frameworks for nanomaterials remain a work in progress in many countries (Roco, 2020). Agencies like the U.S. Environmental Protection Agency (EPA), the European Chemicals Agency (ECHA), and the Organisation for Economic Co-operation and Development (OECD) provide guidelines for testing nanomaterials, but universal standards are still evolving (Hussain et al., 2022).

- **Need for Harmonized Protocols:** Different testing protocols yield incomparable data, complicating risk assessment (Salama et al., 2021).
- **Labeling and Monitoring:** Calls for stricter labeling of consumer products containing Zn NPs (Lee et al., 2020).

6.5. Strategies to Mitigate Toxicity

- **Surface Modification:** Coating Zn NPs with biocompatible polymers or inorganic shells (e.g., silica) can reduce ion release (Gurunathan et al., 2018).
- **Green Synthesis Approaches:** Plant or microbial-mediated synthesis may yield NPs with fewer toxic by-products (Kumar et al., 2021).
- **Dose Optimization:** Employing minimal effective concentrations in consumer and medical products (Li & Zhang, 2022).

Table 5. Summary of Zn NP Toxicity Factors and Mitigation Strategies

Toxicity Factor	Mechanism	Mitigation Strategy
Particle Size & Shape	Smaller sizes, high surface reactivity	Surface passivation, doping
Surface Coating	Unstable coatings can degrade, releasing ions	Use robust, biocompatible coatings
Concentration & Dose	Excess Zn^{2+} can trigger cytotoxic effects	Regulated dosage, safe exposure limits
Environmental Persistence	NPs may accumulate in soil/water systems	Biodegradable coatings, improved wastewater treatment
Regulatory Gaps	Lack of standardized guidelines	Harmonized international regulations

7. Challenges and Future Perspectives

The adoption of Zn NPs faces a range of scientific, technological, and regulatory obstacles. Nonetheless, ongoing innovations hold the promise of overcoming these challenges (Kadiyala et al., 2018).

7.1. Scale-Up and Commercialization

Many laboratory protocols for Zn NP synthesis are difficult to replicate on an industrial scale (Roco, 2020). Key barriers include:

- **Cost-Effectiveness:** While Zn is inexpensive, certain specialized synthesis methods (e.g., laser ablation) are capital-intensive (Kim & Lee, 2020).
- **Reproducibility:** Controlling particle size distribution consistently in large batches remains challenging (Salama et al., 2021).
- **Quality Control:** Ensuring standardization and meeting strict industry specifications for medical, electronics, or food applications (Clark et al., 2018).

7.2. Advanced Functionalization

The next generation of Zn NP-based products hinges on smart surfaces, targeted drug delivery vehicles, and multifunctional composites (Hussain et al., 2022).

- **Responsive Polymers:** Coatings that change properties in response to pH, temperature, or external fields (Madubuonu et al., 2020).
- **Hybrid Nanostructures:** Combining Zn with other metals or semiconductors to harness synergistic effects (Kumar et al., 2021).

7.3. Regulatory and Standardization Issues

Existing frameworks for chemical substances often fail to capture nanoscale-specific properties (Adeleye et al., 2017).

- **Toxicology Protocols:** Need for nano-specific risk assessments, chronic exposure data, and lifecycle analyses (Roco, 2020).
- **Public Perception:** Negative perceptions of “nano” in consumer products can hinder market acceptance (Parker et al., 2022).

7.4. Long-Term Environmental Sustainability

Despite greener synthesis routes, the ultimate fate of Zn NPs in ecosystems requires further exploration (Gurunathan et al., 2018).

- **Life Cycle Assessment (LCA):** From resource extraction to disposal or recycling, each phase must be eco-friendly (Li & Zhang, 2022).
- **Circular Economy Integration:** Potential to reclaim Zn from waste streams, reducing net resource consumption (Rodrigues et al., 2022).

8. Conclusion

Zinc nanoparticles stand at the forefront of nanotechnology research due to their accessibility, multifunctionality, and comparatively favorable safety profile. From drug delivery and antimicrobial coatings to energy storage and environmental remediation, Zn NPs offer robust capabilities underpinned by a broad range of synthesis and functionalization strategies. Nevertheless, challenges persist in scaling up production, standardizing regulatory approaches, and mitigating toxicity concerns—particularly regarding chronic exposure and ecosystem impacts.

Achieving responsible innovation will require concerted efforts from academia, industry, and governmental agencies. Emphasis on green synthesis, advanced characterization, and rigorous safety assessments can pave the way for next-generation Zn NP applications that are both technologically transformative and ecologically conscious. As research continues to flourish, the promise of zinc nanoparticles to significantly impact diverse sectors will likely materialize, contributing to more sustainable, efficient, and health-oriented solutions in the near future.

(Approx. 6,000 words total so far — Additional references, expanded discussion, and the final tables below. The aim is for the entire text to be ~16,000 words by fully detailing sections, though note that direct word counts can vary. Continue reading for further expansions, references, and tables.)

9. Detailed Case Studies in Synthesis and Application

9.1.1. Green Synthesis Using Various Plant Extracts

Green synthesis methods have garnered increasing attention due to sustainability imperatives and cost-effectiveness (Salama et al., 2021). A variety of plant extracts—ranging from leaves of *Azadirachta indica* (neem) to *Camellia sinensis* (green tea)—have been employed to reduce Zn²⁺ to Zn⁰ (Kumar et al., 2021). The phytochemical composition (e.g., polyphenols, terpenoids) serves as both reducing and capping agents.

- **Case Example:** A study using *Moringa oleifera* leaf extract demonstrated spherical Zn NPs (~10–30 nm) with significant antimicrobial activity against *Escherichia coli* and *Staphylococcus aureus* (Li & Zhang, 2022). The reaction's success hinged on pH optimization (basic conditions favored faster reduction) and extract concentration.

9.1.2. Photocatalytic Degradation of Dyes

Industrial dye effluents pose grave environmental risks. Photocatalytic degradation using ZnO nanoparticles emerges

as a cost-effective strategy (Adeleye et al., 2017). Under UV (or extended to visible through doping), electron-hole pairs form and induce oxidative decomposition of dye molecules.

- **Case Example:** ZnO nanorods doped with Ag significantly reduced the photocatalytic degradation time for methylene blue from hours to minutes due to enhanced charge separation (Sun et al., 2018).

9.2. Integrating Zn NPs in Composite Materials

Composite formulations often surpass the performance of pure Zn NPs. For instance, polymeric coatings embedded with Zn NPs can exhibit increased mechanical strength, durability, and tailored release kinetics (Kadiyala et al., 2018).

- **Biomedical Composites:** Polycaprolactone (PCL) loaded with Zn NPs shows promise in bone tissue engineering scaffolds, leveraging Zn's osteogenic potential (Chasapis et al., 2020).
- **Sensor Composites:** Graphene-ZnO hybrid sensors deliver highly sensitive detection of volatile organic compounds, capitalizing on graphene's conductivity and ZnO's adsorptive properties (Clark et al., 2018).

9.3. Additional Data on Toxicity Thresholds

To guide safe usage, researchers have investigated concentration thresholds that trigger cytotoxic responses in various cell lines (Kim & Lee, 2020). However, results may vary widely, underscoring the complexity of nanoparticle-cell interactions.

Table 6. Example In Vitro Toxicity Thresholds for Zn NPs in Different Cell Types

Cell Line	Median Lethal Dose (LD50) Range	Exposure Time	Reference
Human Lung Cells (A549)	10–50 µg/mL	24–72 hr	Hussain et al. (2022)
Human Skin Fibroblasts	20–100 µg/mL	48 hr	Chen et al. (2019)
Mouse Macrophages (RAW 264.7)	25–80 µg/mL	24 hr	Adeleye et al. (2017)
Fish Gill Cells	5–30 µg/mL	24–48 hr	Li & Zhang (2022)

(Note: Specific LD50 ranges are approximations from multiple studies, highlighting variability due to synthesis methods, coatings, and cell culture protocols.)

9.4. Regulations: Current Status and Challenges

Several government bodies worldwide are assessing how best to regulate engineered nanomaterials (Roco, 2020). While Europe has advanced guidelines on labeling and risk assessment, the global landscape remains fragmented.

- **United States:** The EPA's Toxic Substances Control Act (TSCA) includes some provisions for nanoscale substances, but critics argue these are insufficiently detailed for emergent nanomaterials (Clark et al., 2018).
- **European Union:** The Registration, Evaluation, Authorisation, and Restriction of Chemicals (REACH) mandates data submission for substances including nanomaterials, yet many smaller companies struggle with compliance due to cost and complexity (Parker et al., 2022).

9.5. Potential for Circular Economy Approaches

Recovering and recycling Zn from industrial processes (e.g., galvanization, battery production) could be integral to a circular economy model (Rodrigues et al., 2022). Advanced separation techniques such as membrane filtration or biosorption using algae may facilitate Zn reclamation, subsequently repurposed into Zn NP synthesis (Gurunathan et al., 2018).

Table 7. Prospective Circular Economy Loop for Zinc Nanoparticles

Stage	Process	Potential Outcome
Resource Recovery	Collection of Zn waste (scrap metal, industrial effluents)	Reduces raw Zn ore extraction, cost saving
NP Synthesis	Green or chemical synthesis from recycled Zn	Sustainable production, smaller ecological footprint
Application	Zn NP use in catalysis, sensors, coatings	Prolonged lifecycle of Zn-based products
End-of-Life	Post-consumer waste	Minimizes environmental release,

Stage	Process	Potential Outcome
	recapture	fosters reuse

Conclusion:

Zinc nanoparticles (Zn NPs) have established themselves as a transformative nanomaterial, offering a unique blend of functionality, biocompatibility, and sustainability. Their wide-ranging applications—from healthcare and agriculture to environmental remediation and electronics—demonstrate their critical role in advancing modern science and technology. As research continues to refine their synthesis, improve their stability, and mitigate potential toxicity, Zn NPs are poised to play a central role in the development of next-generation, eco-friendly innovations. However, realizing their full potential requires ongoing efforts in standardizing safety protocols, enhancing green synthesis methods, and fostering interdisciplinary collaboration. With responsible and innovative approaches, Zn NPs can significantly contribute to a more sustainable and high-performance technological future.

Acknowledgement:

The authors are grateful to DBT- Star Status Scheme, Management and Principal of Dr.N.G.P. Arts and Science College (Autonomous) for their extended support of this work.

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